

January 2025 Menu



WEEK 4

WEEK 1

WEEK 2

WEEK 3

Monday

6

BREAKFAST
Benefit Bar
Applesauce Cup

LUNCH
Walking Fritos Taco or
Chili Chicken Crispos
Seasoned Pinto Beans
Salsa Cup
Manager's Choice Fruit
Happy New Year
Frozen Fruit Cup

Tuesday

7

BREAKFAST
Blueberry Waffle
Fresh Orange

LUNCH
Beef Chili or
Beef Totchos
Corn Bread Loaf
Steamed Green Beans
Fresh Seasonal Fruit
Diced Mango

Wednesday

8

BREAKFAST
Honey Bun
Fresh Apple

LUNCH
Chicken Patty Sandwich
(Regular or Spicy)
Sweet Potato
Waffle Fries
Fresh Strawberries
Applesauce Cup

Thursday

9

BREAKFAST
Mini Cinnis
Fresh Strawberries

LUNCH
Chicken Fried Rice or
Chicken Egg Rolls
Roasted Broccoli
Fresh Grapes
Diced Peaches

Friday

10

BREAKFAST
Breakfast Carrot
"Cake" Bun
Fresh Grapes

LUNCH
Popcorn Chicken Bowl or
Chicken Corn Dog
Steamed Corn
Fresh Orange
Pineapple Tidbits

13

BREAKFAST
Honey Breakfast Bar
Applesauce Cup

LUNCH
Chicken Nuggets with
Assorted Crackers or
Cheesy Pull-Aparts
w/ Marinara Sauce Cup
Steamed Green Beans
Fresh Tangerine
Diced Pears

14

BREAKFAST IN CAFE
Breakfast Quesadilla
Fresh Tangerine

GRAB & GO BREAKFAST
Mini Breakfast
Donut Bites
Fresh Tangerine

LUNCH
Cheeseburger Sliders
or Mini Chicken Corn Dogs
Vegetarian Beans
Fresh Seasonal Fruit
Diced Peaches

15

BREAKFAST IN CAFE
Fruit and Yogurt Parfait
Granola

GRAB & GO BREAKFAST
Yogurt
Granola
Craisins

LUNCH
French Toast Slice with
Chicken Sausage Patty
Tater Tots
Fresh Banana
Frozen Mixed Berries

16

BREAKFAST
Soft-Filled Cinnamon
Toast Bar
Fresh Banana

LUNCH
Chicken Dumplings
Roasted Broccoli
Fresh Apple Slices
Mandarin Oranges

17

BREAKFAST IN CAFE
Bread Pudding w/
Cream Cheese Drizzle
Fresh Apple Slices

GRAB & GO BREAKFAST
Banana Bread Slice
Fresh Apple Slices

LUNCH
Bean & Cheese Burrito
Shredded Lettuce, Diced
Tomato & Salsa Cup
Fresh Kiwi
Diced Mango

MLK DAY 20

NO SCHOOL

I have a DREAM

21

BREAKFAST
Cinnamon Roll
Flavored Raisins

LUNCH
Mac & Cheese with
Garlic Breadstick or
All Beef Hot Dog in a Bun
Cinnamon Maple Carrots
Fresh Apple
Hooray! Frozen Fruit Cup

HAPPY 100TH DAY OF SCHOOL!

22

BREAKFAST
Plain Bagel with
Cream Cheese
Fresh Apple

LUNCH
Hamburger or
Cheeseburger
Seasoned Curly Fries
Fresh Strawberries
Diced Pears

23

BREAKFAST IN CAFE
French Toast Sticks
Frozen Mixed Berries

GRAB & GO BREAKFAST
Muffin
Sunflower Seeds
Craisins

LUNCH
Orange Chicken Bowl or
Chicken Egg Rolls
Roasted Broccoli
Fresh Grapes
Fruit Cocktail

24

BREAKFAST
Soft Oatmeal Round
Fresh Grapes

LUNCH
Beef Pepperoni or
Cheese Pizza Slice
Roasted Chipotle Cauliflower
Fresh Seasonal Fruit
Pineapple Tidbits

27

BREAKFAST
Super Donut with
Sunflower Seeds
Craisins

LUNCH
Meat Combo Calzone or
Cheese Lasagna Roll-Up
and Garlic Breadstick
Steamed Green Beans
Fresh Kiwi
Applesauce Cup

28

BREAKFAST IN CAFE
Mini Maple Pancakes
with Chicken Sausage Patty
Applesauce Cup

GRAB & GO BREAKFAST
Mini Bagels w/ Cream Cheese
Applesauce Cup

LUNCH
Grilled Cheese Sandwich or
Chicken Drumstick w/
Onion Rings
Creamy Tomato Soup
Fresh Pear
Craisins

29

BREAKFAST
Pop-Tart with
String Cheese
Fresh Banana

LUNCH
Teriyaki Chicken
Rice Bowl or
Chicken Dumplings
Roasted Broccoli
Fresh Tangerine
Mandarin Oranges
Fortune Cookie

30

BREAKFAST IN CAFE
Pancake-Flavored
Chicken Sausage Bites
Fresh Apple Slices

GRAB & GO BREAKFAST
Cinnamon Crumb Cake
String Cheese
Fresh Apple Slices

LUNCH
Chicken 'n' Waffles
Tater Tots
Fresh Banana
Frozen Mixed Berries

31

BREAKFAST
Sweet Potato Chocolate
Chip Muffin Top
Fresh Pear

LUNCH
Beefy Nachos Supreme or
Bean & Cheese Chalupa
Seasoned Pinto Beans
Shredded Lettuce and
Diced Tomatoes
Fresh Apple Slices
Fruit Cocktail

HAPPY NEW YEAR

Daily Breakfast Offerings:
Cereal Pack as 2nd option for Breakfast in the Cafeteria
100% Fruit Juice
1% White Milk or Fat-Free White Milk
Grab and Go Breakfast served at:
Cheatham, Desert Meadows & Estrella Foothills only

Daily Lunch Offerings:
Cold Entrée as 2nd lunch option:
Week 1 - Nacho Pack
Week 2 - Taco Salad
Week 3 - Yogurt Pack
Week 4 - Chicken Caesar Salad
1% Chocolate Milk or 1% White Milk

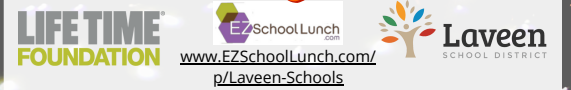
Adult & Á La Carte Meal Prices:
Breakfast: \$3.00
Lunch: \$4.75
Entrée Only: \$2.00
Fruit and Veggie Bar Only: \$2.00
Á La Carte Items: \$0.50-\$2.00

GRAB YOUR BREAKFAST AND LUNCH TODAY AND EVERY DAY FREE FOR ALL STUDENTS.

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This menu is subject to change.

= Vegetarian Entrée
(only animal products or by-products in these items are: dairy, egg, and/or honey)



Follow us on Facebook and Instagram @LaveenChildNutrition