

# November 2024 Menu



## November

### Daily Breakfast Offerings:

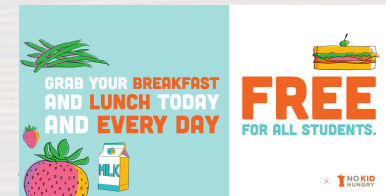
Cereal Pack as 2nd option for Breakfast in the Cafeteria  
 100% Fruit Juice  
 1% White Milk or Fat-Free White Milk  
 Grab and Go Breakfast served at:  
 Cheatham, Desert Meadows & Estrella Foothills only

### Daily Lunch Offerings:

Cold Entrée as 2nd lunch option:  
**Week 1** - Sunrise Pack  
**Week 2** - Southwest Chicken Salad  
**Week 3** - Sunny Pack  
**Week 4** - Manager's Choice Cold Entrée  
 1% Chocolate Milk or 1% White Milk

### Adult & À La Carte Meal Prices:

Breakfast: \$3.00  
 Lunch: \$4.75  
 Entrée Only: \$2.00  
 Fruit and Veggie Bar Only: \$2.00  
 À La Carte Items: \$0.50-\$2.00

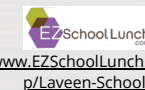


Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This menu is subject to change.

= Vegetarian Entrée  
 (only animal products or by-products in these items are: dairy, egg, and/or honey)

# THANKFUL



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 @LaveenChildNutrition

WEEK 1

WEEK 2

WEEK 3

WEEK 4

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

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### BREAKFAST

Honey Breakfast Bar  
 Applesauce Cup

### LUNCH

Chicken Nuggets with Assorted Crackers or Stuffed Cheesy Breadsticks w/ Marinara Sauce Cup  
 Steamed Green Beans  
 Fresh Tangerine  
 Diced Pears

### BREAKFAST IN CAFE

Breakfast Quesadilla  
 Fresh Tangerine

### GRAB & GO BREAKFAST

Mini Breakfast  
 Donut Bites  
 Fresh Tangerine

### LUNCH

Cheeseburger Sliders or Mini Chicken Corn Dogs  
 Vegetarian Beans  
 Fresh Seasonal Fruit  
 Diced Peaches

### BREAKFAST IN CAFE

Fruit and Yogurt Parfait  
 Granola

### GRAB & GO BREAKFAST

Yogurt  
 Granola  
 Craisins

### LUNCH

French Toast Slice with Chicken Sausage Patty  
 Tater Tots  
 Fresh Banana  
 Frozen Mixed Berries

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### BREAKFAST

Soft-Filled Cinnamon  
 Toast Bar  
 Fresh Banana

### LUNCH

Chicken Ramen Bowl or Chicken Dumplings  
 Roasted Broccoli  
 Fresh Apple Slices  
 w/ Caramel Dip  
 Mandarin Oranges

### BREAKFAST IN CAFE

Bread Pudding w/ Cream Cheese Drizzle  
 Fresh Apple Slices

### GRAB & GO BREAKFAST

Banana Bread Slice  
 Fresh Apple Slices

### LUNCH

Bean & Cheese Burrito or Red Chile Chicken Tamale  
 Shredded Lettuce, Diced Tomato, & Salsa Cup  
 Fresh Kiwi  
 Diced Mango

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NO SCHOOL

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### BREAKFAST

Cinnamon Roll  
 Flavored Raisins

### LUNCH

Mac & Cheese with Garlic Breadstick or All Beef Hot Dog in a Bun  
 Cinnamon Maple Carrots  
 Fresh Apple  
 Fruit Cocktail

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### BREAKFAST

Plain Bagel with Cream Cheese  
 Fresh Apple

### LUNCH

Hamburger or Cheeseburger  
 Seasoned Curly Fries  
 Fresh Strawberries  
 Diced Pears

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### BREAKFAST IN CAFE

French Toast Sticks  
 Frozen Mixed Berries

### GRAB & GO BREAKFAST

Muffin  
 Sunflower Seeds  
 Craisins

### LUNCH

Orange Chicken Bowl or Chicken Egg Rolls  
 Roasted Broccoli  
 Fresh Grapes  
 Frozen Fruit Cup

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### BREAKFAST

Soft Oatmeal Round  
 Fresh Grapes

### LUNCH

Beef Pepperoni or Cheese Pizza Slice  
 Roasted Chipotle Cauliflower  
 Fresh Seasonal Melon  
 Pineapple Tidbits

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### BREAKFAST

Super Donut with Sunflower Seeds  
 Craisins

### LUNCH

Three-Cheese Calzone or Cheese Lasagna Roll-Up and Garlic Breadstick  
 Roasted Broccoli  
 Fresh Seasonal Fruit  
 Applesauce Cup

### BREAKFAST IN CAFE

Mini Maple Pancakes with Chicken Sausage Patty  
 Applesauce Cup

### GRAB & GO BREAKFAST

Mini Bagels w/ Cream Cheese  
 Applesauce Cup

### LUNCH

Grilled Cheese Sandwich or Chicken Drumstick w/ Onion Rings  
 Creamy Tomato Soup  
 Fresh Apple Slices w/ Caramel Craisins

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### BREAKFAST

Pop-Tart with String Cheese  
 Fresh Pear

### LUNCH

Chicken 'n' Waffles  
 Tater Tots  
 Fresh Banana  
 Frozen Mixed Berries

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### BREAKFAST IN CAFE

Pancake-Flavored  
 Chicken Sausage Bites  
 Fresh Banana

### GRAB & GO BREAKFAST

Cinnamon Crumb Cake  
 String Cheese  
 Fresh Banana  
 Roasted Turkey with Gravy  
 Dinner Roll & Mashed Potatoes  
 Steamed Green Beans  
 Cinnamon Apple Slices  
 Fresh Red Pear & Pumpkin Pie

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### BREAKFAST

Sweet Potato Chocolate  
 Chip Muffin Top  
 Fresh Apple Slices

### LUNCH

Beefy Nachos Supreme or Bean & Cheese Chalupa  
 Seasoned Pinto Beans  
 Shredded Lettuce and Diced Tomatoes  
 Fresh Kiwi  
 Fruit Cocktail

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### BREAKFAST

Benefit Bar  
 Manager's Choice Fruit

### LUNCH

Walking Fritos Taco or Chili Chicken Crisпитos  
 Seasoned Pinto Beans  
 Shredded Lettuce and Diced Tomatoes  
 Manager's Choice Fresh Fruit  
 Diced Mango

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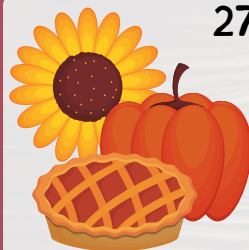
### BREAKFAST

Pumpkin Bread Slice  
 Manager's Choice Fruit

### LUNCH

Turkey-Shaped Chicken Nuggets  
 Pumpkin Cookie  
 Steamed Green Beans  
 Manager's Choice Fresh Fruit  
 Givin' Thanks Apple Pie  
 Frozen Fruit Cup

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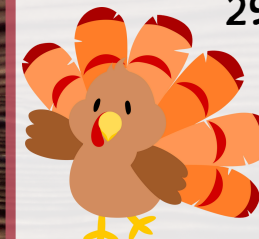
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HAPPY THANKSGIVING

NO SCHOOL

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