



## School Wellness Committee Meeting Minutes

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**Date of Meeting:** Thursday, September 19<sup>th</sup>, 2024

**Time:** 3:30 pm – 4:30 pm

**Location:** Room 144C

**Attendees:** Jennifer Gordon, Katie Christopher, Maria “Guari” Neisch, Sara Contreras, Breanna Lewis, Abby Storkel, Brittney Downs, Aldo Robles, Kala Benzini, Andre’ Billman, Kendra Ofili

**Led by:** Jennifer Gordon

### Notes

- The committee assembled for the first time for the 2024-2025 school year.
- Jennifer Gordon, Chair, presented on the following (See presentation attached):
  - Reviewed last year’s accomplishments including the following:
    - Triennial Assessment completion
      - Received input from PE teachers through a PE teacher meeting and survey.
    - America’s Healthiest School Award applications
      - Applied at 4 schools
  - America’s Healthiest Schools Award Recap
    - 3 schools awarded
    - See presentation attached
  - Local Wellness Policy
    - This is currently on our website, but needs updating.
    - This is accompanied by the supplemental document that highlights different areas of wellness within the Laveen ESD.
  - Upcoming School Year Goals
    - Using the America’s Healthiest School Awards to shape district initiatives.
    - More nutrition education at schools.
    - More information distributed to schools about policy related to Healthy Fundraisers.
- Current Progress:
  - Will discuss Healthy Fundraising at next meeting.
  - Nutrition lessons from interns to PE classes at EFGA are in the works.
- Questions/Concerns/Thoughts:
  - Would like to have more parent/student roles
  - Would like more teachers on committee
- Next meeting: Please fill out Doodle Poll here:  
<https://doodle.com/meeting/participate/id/bo793WLb>