

## SCHOOL WELLNESS COMMITTEE MEETING THURSDAY, SEPTEMBER 19, 2024



3:30-4:30 PM

## LAVEEN EDUCATION CENTER

**ROOM 144C** 

CHAIR: JENNIFER GORDON, MPH, BS-NDTR, RS, SNS

CO-CHAIR: KATIE CHRISTOPHER, PSM, RDN

## MEETING AGENDA

- WELCOME & BRIEF INTRODUCTIONS (5 MIN)
- WHAT IS A WELLNESS COMMITTEE? (10 MIN)
- RECAP OF PREVIOUS SCHOOL WELLNESS COMMITTEE WORK AND ACCOMPLISHMENTS (20 MIN)
- GOAL SETTING (15 MIN)
- UPCOMING MEETINGS DISCUSSION (10 MIN)

## **Wellness Committee Members 2024-2025**

Katie Christopher, Co-Chair –	Jennifer Gordon, Chair –	Brittney Downs –	Abby Storkel – Rogers
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LEC	LEC	Cheatham	Ranch
(Dietitian/Nutritionist)	(Child Nutrition Director)	(Instructional Coach)	(Counselor)
Erica Hair – Vista del Sur	Kendra Ofili – Paseo	Aldo Robles – EFGA	Breanna Lewis –
(Counselor)	Pointe (Counselor)	(PE Teacher & Athletic	Desert Meadows
		Director)	(Kindergarten Teacher)
Guari Neisch –	Sara Contreras –	Christopher Madrid –	Diana Morales –
Trailside Point	Rogers Ranch	Laveen El	EFGA/Cheatham/TSP
(Cafeteria Manager)	(Cafeteria Manager)	(Cafeteria Manager)	(District Nurse)
Arianna Araiza –	Shanice Ayon –	Ericka Rios – Laveen El	
RR/Cash/VDS	Laveen/PP/DM	(Health Associate)	
(District Nurse)	(District Nurse)		

Interested in joining? Please contact Katie Christopher at kchristopher@laveeneld.org